ADULT ECT DIRECT OUTPATIENT REFERRAL INSTRUCTIONS

In an effort to streamline the admission process to our adult outpatient ECT program, we have developed a collaborative system between the referring facility, the primary care physician, and the attending psychiatrist. This process will be used for medically stable patients with primary psychiatric/behavioral issues, with no presenting medical issues that would require a medical evaluation in the Emergency Department.

**Check list (all must be checked):**

- Ages 18 and older will be reviewed on a case-by-case basis
- Meets outpatient ECT criteria (see back of form)
- The proposed patient must be able to arrange transport on their own to and from the ECT treatments (initially 3 times a week for most patients); be able to be at least ambulatory by wheelchair; and be able to transfer in and out of wheelchair.
- Patient must consent to treatment or meet the criteria for court-ordered treatment
- History and Physical completed by Primary Care Provider
- Completed Outpatient Psychiatrist Referral Form (see Attachment)

**Procedure:**

- Contact the Direct Line 844-556-2012
- Fax the following (if available) to 855-900-3378
  - This Referral Instruction Form
  - Labs if indicated (medical complications)
  - Medication list
  - Completed Outpatient Psychiatrist Referral Form

Caller:___________________ Agency:___________________ Phone:___________________

TMCA ARC Staff:___________________ Date/Time:___________________

Physician Reviewed (name and initials):___________________ Date/Time:___________________

ECT Direct Outpatient Instruction Form
Admission Criteria

- Must be at least 18 years old and a legal adult to be eligible for admission
- Symptoms causing interference with daily life function
- Multiple medication trial failures
- Sustained changes in mood, behavior, or memory
- Symptoms causing lack of capacity to care for self (including impaired social, family, educational, or vocational functioning)
- Confusion or memory impairment causing disruption in daily living, such as failure to thrive
- Symptom acuity increase that has not been alleviated with medication management or therapeutic treatment
- All referrals for all levels of care are evaluated upon individual presentation.
- Note that all admitted patients must be medically cleared for ECT by their outpatient medical physician prior to ECT treatment

For more information, please call our Assessment and Referral Department 1-844-556-2012
ECT Direct Outpatient Instruction Form

Place Patient Label Here